

## PHASE 1 – INTERNATIONAL (PS)PROGRAMS

WHFC's Pre-Adoption Educational Curriculum has been developed, in compliance with the provisions of the Hague Treaty, to provide families with an understanding of adoption, to assist families in decision making during the process, and to maximize the success families and children experience in adoption. Thus, the information and resources provided will help place children with families who are prepared and able to meet their needs.

Your Pre-Adoption Education will encompass three phases. This First Phase will provide general education that must be completed prior to your final home study visit with your social worker. A Second Phase will be completed after you have applied to your Program but before you accept a referral of a child. At that time you will know a bit more about the child you are planning to adopt - the country he or she will be from, the possible age he or she will be, and possibly whether he or she will have any specific known medical issues. Thus, the second phase of pre-adoption education will focus on providing information more specific to your path of adoption. Finally, the Third Phase of education will be completed after you have received a referral of a child but before you travel. By then you will have many more details about your child and the focus will be on preparing for your specific child and his or her needs.

For Phase 1, the modes of education include literature, on-site seminars, and online courses. Courses and materials are available directly through WHFC and through other qualified providers noted. Applicants should document their participation on the enclosed "Menu of Pre-Adoption Education." The completed menu, along with any certification of completions, must be submitted to conclude your home study documentation.

For couples, both members need to fulfill all requirements.

Costs noted are subject to change.

#### **INITIAL STEPS TO TAKE:**

1. Order the book "The Connected Child: Bring Hope and Healing to your Adoptive Family" by Karyn B Purvis, David R Cross et al.

2. Request the WHFC "Program Papers" for any countries of interest. These are detailed documents that introduce you to the particular country's adoption program. Topics covered include the adoption process, eligibility requirements, the general characteristic & needs of children available for adoption, and the in-country conditions that affect children. The program papers are multi-page documents titled "Adopting a Child from..." and can be requested from a representative of that country's program.

3. Discuss with your program manager your plan for pre-adoption education to make sure all requirements are being met.

NOTE: Families who have adopted before may be exempted from some or all of the requirements based on how long ago the last adoption occurred, what pre-adopt education was completed at that time and whether the age of child and program are different from those of the previous adoption. If you feel you are eligible for an exemption, please contact Maryanne Ludwig, Director of Adoption at mludwig@whfc.org to discuss.



# WHFC MENU OF PRE-ADOPTION EDUCATION

# PHASE 1 – INTERNATIONAL (PS) PROGRAMS

| Item  | Hours          | Date of Completion/<br>Certificate Provided |
|---|----------------|---|
| Option I:   |                | Octimente i rovided                         |
| A. Adoption Preparation Seminar<br>If your local agency or another local resource provides a pre-adoption<br>education class, please provide the following information:   |                |   |
| Date of Class:<br>Hosted By:<br>The class includes information about: (check all that apply)<br>• Adjustment and Attachment of children post adoption<br>• Impact of institutionalization or foster care on children<br>• Impact of Trauma on children<br>• Possible struggles children will have related to these issues<br>• Parenting techniques to make adoption successful<br>Fulfills regulations 96.48 (b) (3, 4, 5 & 7) |                |   |
| <ul> <li>B. Online course: FAF 102: Introduction to Trust-Based Relational<br/>Intervention (not 102D)</li> <li>Families Are Forever <u>www.familiesareforever.org</u></li> <li>Fulfills regulations 96.48 (b) (4)</li> </ul>   | 2              |   |
| Option II: Online Adoption Preparation Seminars<br>If your local agency or another local resource does not provide a pre-adoption<br>education class, please take the following classes at<br>www.familiesareforever.org  |                |   |
| <ul> <li>FAF 104: Understanding Children's Development (not 104D)</li> <li>FAF 106: Understanding Attachment (not 106D)</li> <li>FAF 102: Introduction to Trust-Based Relational Intervention (not 102D)</li> <li>Fulfills regulations 96.48 (b) (3, 4, 5 &amp; 7)</li> </ul>   | 2.25<br>2<br>2 |   |
| Online course: FAF 108 Transracial Adoption: Building Cultural Awareness<br>(not 108D)<br>Families Are Forever www.familiesareforever.org<br>Fulfills regulations 96.48 (b) (7); 96.48 (c) (1)  | 2              |   |
| Online course: FAF 105 Common Medical Conditions (not 105D)<br>Families Are Forever www.familiesareforever.org<br>Fulfills regulations 96.48 (b) (2); 96.48 (c) (2)   | 2.5            |   |
| Reading: Program specific documents, <i>"Adopting a Child from…"</i> and return Country Specific Service Plan Addendum Fulfills regulations 96.44 (a); 96.48 (b) (1,2,4, 6, & 8); 96.48 (c) (2)   | .5             |   |
| Reading: "The Connected Child: Bring Hope and Healing to Your Adoptive Family"<br>by Karyn B Purvis, David R Cross, et al<br>Fulfills regulations 96.48 (b) (3, 4, 5, & 7)  | 3              |   |
| If not adopting an older child, complete WHFC Toddler Worksheets<br>Fulfills regulation 96.48 (c) (3)   |                |   |
| Completed by WHFC Staff Only: Please note any waivers or additional courses:  |                |   |

| Total Hours |  |
|-------------|--|

### Additional requirements for families adopting a child who will likely arrive home at 5 or older:

| Online course: Adopting The Older Child<br>Adoption Learning Partners www.adoptionlearningpartners.org<br>Fulfills regulations 96.48 (b) (3 & 4); 96.48 (c); 96.48 (e) | 2 |  |
|--|---|--|
| Complete WHFC Older Child Workbook<br>Fulfills regulations 96.48 (c) (1 & 3)   |   |  |

### Additional requirements for families pursuing a special needs adoption:

| Online course: Parent planning for Special Needs Adoption       | 2 |  |
|---|---|--|
| Heart of the Matter Education www.heartofthemattereducation.com |   |  |
| Fulfills regulations 96.48 (c) (3); 96.48 (e)                   |   |  |
| Complete reference calls to adoptive families                   |   |  |

| The Following Family has Completed Phase 1 of the WHFC Pre-Adoption Education Curriculum |       |  |
|--|-------|--|
| Family Name:   |       |  |
| Agency signature:  | Date: |  |